



QUEENS PARK MEDICAL CENTRE

PATIENT NEWSLETTER

August 2026

Welcome to the latest edition of the Queens Park Medical Centre Patient Newsletter, where we share practice updates, helpful information and news about the services and initiatives available to our patients.



Farewell to Dr Katia

After a brief time with us, we have said goodbye to Dr Katia, who has decided to relocate to Canada with her family. Although Dr Katia was only with the practice for a relatively short time, she became a valued member of our clinical team and many patients had the opportunity to meet her.

We would like to thank Dr Katia for her contribution to the practice and wish her and her family every happiness as they begin their new life in Canada.



Welcome Dr Maryam

We are delighted to welcome Dr Maryam to Queens Park Medical Centre. Dr Maryam joined us in June as one of our salaried GPs and is available to see patients from across the practice.

We are very pleased to have her as part of the team and hope our patients will join us in making her feel welcome.



Six Months in Numbers

Have you ever wondered just how much activity takes place at your GP practice? Between January and June 2026 our clinical and administrative teams dealt with:

40,612 patient appointments & contacts	41,067 repeat prescriptions
22,558 hospital letters processed	5,000 referrals to other services
343 urgent suspected cancer referrals	2,309 appointments not attended

These figures include activity across our wider practice team as well as the important work carried out behind the scenes to process prescriptions, letters and referrals.



Please cancel if you cannot attend

Every missed appointment is time that could have been offered to another patient. If you cannot attend, please let us know – even at short notice. Call the surgery, select Option 2 and leave the details of the appointment you wish to cancel.



Have Your Say – Join Our PPG

Our Patient Participation Group (PPG) gives patients an opportunity to work with the practice, share their views and help us think about how our services can be improved.

We welcome patients of all ages and backgrounds and you do not need any previous experience. You can be involved as much or as little as you are able.

Interested? Complete the short PPG form on our website or speak to a member of our reception team.



Make More of the NHS App

The NHS App can make managing your healthcare much easier. It is a quick and secure way to access a growing number of NHS services from your phone or tablet.

- Order repeat prescriptions
- View test results
- Access parts of your medical record
- Receive messages from the practice

To receive messages from the practice it is important that you turn on your notifications in the app.



Summer Health – Be Prepared

- Hot weather – drink plenty of fluids, try to keep out of strong sunshine during the hottest part of the day and check on older or vulnerable relatives, friends and neighbours.
- Sun safety – use suitable sun protection and remember that babies and young children need particular protection from strong sunlight.
- Hay fever – pollen can remain high throughout the summer. Your community pharmacy can advise on treatments for seasonal allergies and other minor conditions.
- Going abroad? – make sure you have enough of your regular medication for your trip and order prescriptions in plenty of time. Check any recommended travel vaccinations well before you travel.



Did You Know?

Your community pharmacy can help with more than you might think. Pharmacists can provide advice and, through Pharmacy First, may be able to assess and treat a number of common conditions without you needing a GP appointment.

Pharmacy First is an NHS service that lets you get expert health advice, treatment, and prescription medicines—including antibiotics if needed—directly from a local community pharmacy for seven common minor illnesses, without needing to see a GP first. You can walk in without an appointment.



Who Might You See at the Practice?

General practice is now delivered by a wider team of healthcare professionals. Depending on what you need help with, you may be offered an appointment with a GP, Nurse Practitioner, Practice Nurse, Healthcare Assistant, Pharmacist, Health & Wellbeing Coach or another member of our team.

Being offered an appointment with someone other than a GP does not mean you are receiving a lesser service. Our reception and clinical teams aim to direct you to the professional best placed to help with your particular need.

Thank you for reading our August Patient Newsletter